

# SEX ON THE MIND?



Now we've got your attention, there's a few things we'd like to remind you about:

## STI checks

Not all STIs have symptoms – so just cause you can't see it, doesn't mean you don't have it.

Regular STI check-ups are the only way to make sure you're in the clear, so get checked and make sure there are no Love Bugs in your bed!

## Contraception

There are heaps of contraception options available. Get advice on which one best suits you and make sure you're always prepared. Remember: the only way to protect against STIs *and* unplanned pregnancy is to use a condom.

## Unplanned pregnancy

Over half of all women have experienced an unplanned pregnancy. For safe, professional abortion services and someone friendly to chat to 24 hours a day, give us a call. Or log-on to our discrete online webchat for answers to all of your questions: [www.abortionhelp.com.au](http://www.abortionhelp.com.au)

*Get your sexual health sorted*

**Phone 1300 721 056** (24 hours)

for advice or an appointment

**Book online: [www.mariestopes.com.au](http://www.mariestopes.com.au)**



**MARIE STOPES  
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